

Triple Swing

This is East Coast Swing! It's easy to remember this dance by its distinct triple step that you will throw into your basic Swing step. Triple Swing is a fun, lively, dance with a bit of a bounce in the rock step.

This dance works great for Swing songs that are too slow for Single Swing. Songs for this dance include *Maddest Kind of Love* by Big Bad Voodoo Daddy, *Old Time Rock and Roll* by Bob Seger, and *That'll Be the Day* by The Crickets