

Single Swing

This is pure America on the dance floor. With its roots in The Lindy Hop dances of the 1920's East Coast Single-Time Swing is all about the speed. It has the same rhythm as the Triple Swing but faster music and less footwork.

Just throw in turns and spins and you will be swingin' to the hits of the 40's like *Sing, Sing, Sing* by Benny Goodman or *In the Mood* by Glenn Miller; the 50's like *Johnny B. Goode* by Chuck Berry, and *Don't be Cruel* by Elvis; as well as more contemporary hits like *Zoot Suit Riot* by The Cherry Poppin' Daddies, and *Walking on Sunshine* by Katrina and the Waves.