

## **Jitterbug**

Jitterbug can mean a lot of things to a lot of people as it can be very regional in nature. It can incorporate many forms of swing dance. Our version of Jitterbug is more of a Country Swing and is popular in country dance halls in our area. While there's a basic step, once you head into the twists and turns there's no footwork at all. There is a rhythm between the partners we refer to as a rubber band type pull.

Upbeat country songs such as *Baton Rouge* by Garth Brooks and *Banjo* by Rascal Flatts are great for this dance. You can never go wrong with the oldies like *Great Balls of Fire* by Jerry Lee Lewis and *Footloose* by Kenny Loggins.